

Schlossburg #12 Variations

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1. Exercise A is to develop your **Fat & Full** low note that will be the starting point for all the following exercises.
2. Don't confuse *volume* with **support**, although through the practice of the **Fat & Full** low notes we become aware of the **support** particularly from the abdominal region.
3. Practice exercise A until you can play the low notes FF without distortion or stuffiness. *See my Video 1 for Tongue Level & Air for a demonstration.*
4. Add Exercise B. Start with a **Fat & Full** low note and slur up slowly. Keep the **support ON** while getting softer.
I call this "*reverse dynamics*". We are trained to get louder as we go higher, but doing the opposite can be of great benefit, provided you maintain the **SUPPORT**.
5. Add one exercise each week as you feel comfortable. Rest between each exercise.
6. Pay attention to *tongue arch- AWW* for your **Fat & Full** low notes and **EEE** as you slur higher.
7. For exercises A-D continue DOWN through the fingerings: 0, 2, 1, 12, 23, 13, 123. (**Down 7**)
8. For exercises E-F continue UP through the fingerings: 123, 13, 23, 12, 1, 2, 0. (**Up 7**)
9. You may continue higher if desired.

Slowly MM=66>

A

mf
Open

AWW!

Fat & Full!

ff

Down 7

B

Fat & Full!

ff

pp

Down 7

C

Fat & Full!

ff

pp

Down 7

D

Fat & Full!

ff

pp

Down 7

E

Fat & Full!

ff

pp

Up 7

F

Fat & Full!

ff

pp

Up 7