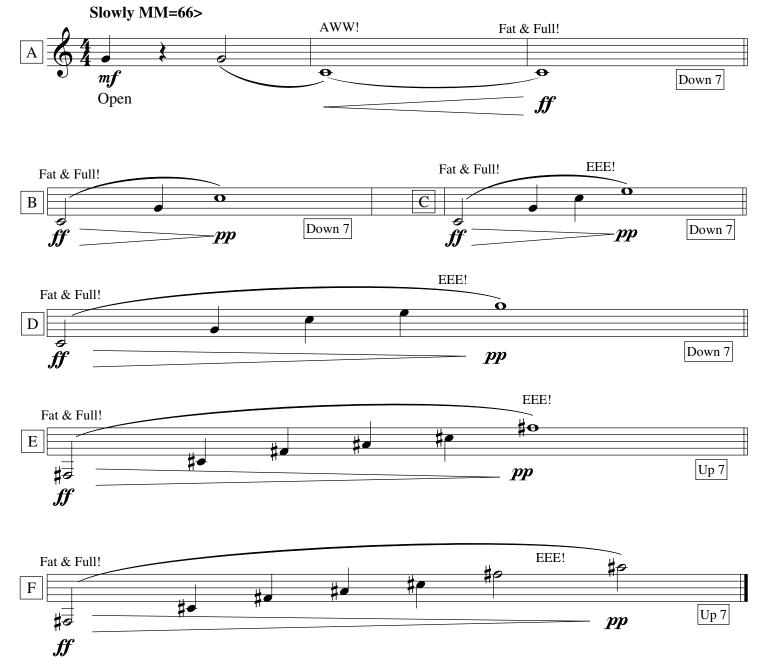
# Schlossburg Warm-Up

Every exercise to be played on all fingerings: 0, 2, 1, 12, 23, 13, 123



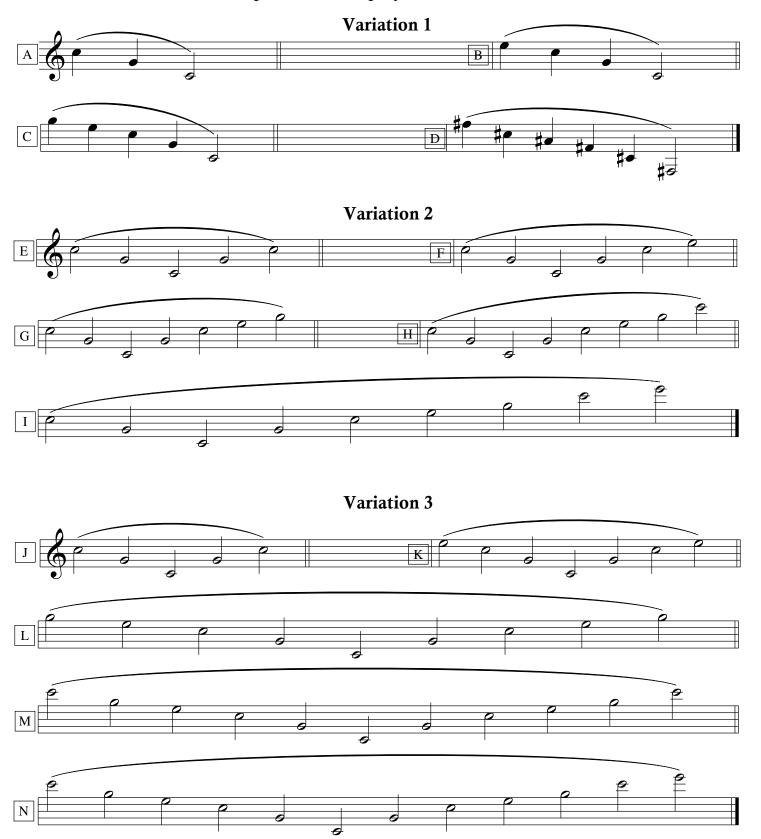
# Schlossburg #12 Variations

- 1. Exercise A is to develop your **Fat & Full** low note that will be the starting point for all the following exercises.
- 2. Don't confuse *volume* with *support*, although through the practice of the **Fat & Full** low notes we become aware of the **support** particularly from the abdominal region.
- 3. Practice exercise A until you can play the low notes FF without distortion or stuffiness. See my Video 1 for Tongue Level & Air for a demonstration.
- 4. Add Exercise B. Start with a **Fat & Full** low note and slur up slowly. Keep the **support ON** while getting softer.
  - I call this "reverse dynamics". We are trained to get louder as we go higher, but doing the opposite can be of great benefit, provided you maintain the **SUPPORT**.
- 5. Add one exercise each week as you feel comfortable. Rest between each exercise.
- 6. Pay attention to tongue arch- AWW for your Fat & Full low notes and EEE as you slur higher.
- 7. For exercises A-D continue DOWN through the fingerings: 0, 2, 1, 12, 23, 13, 123. (Down 7)
- 8. For exercises E-F continue UP through the fingerings: 123, 13, 23, 12, 1, 2, 0. (Up 7)
- 9. You may continue higher if desired.

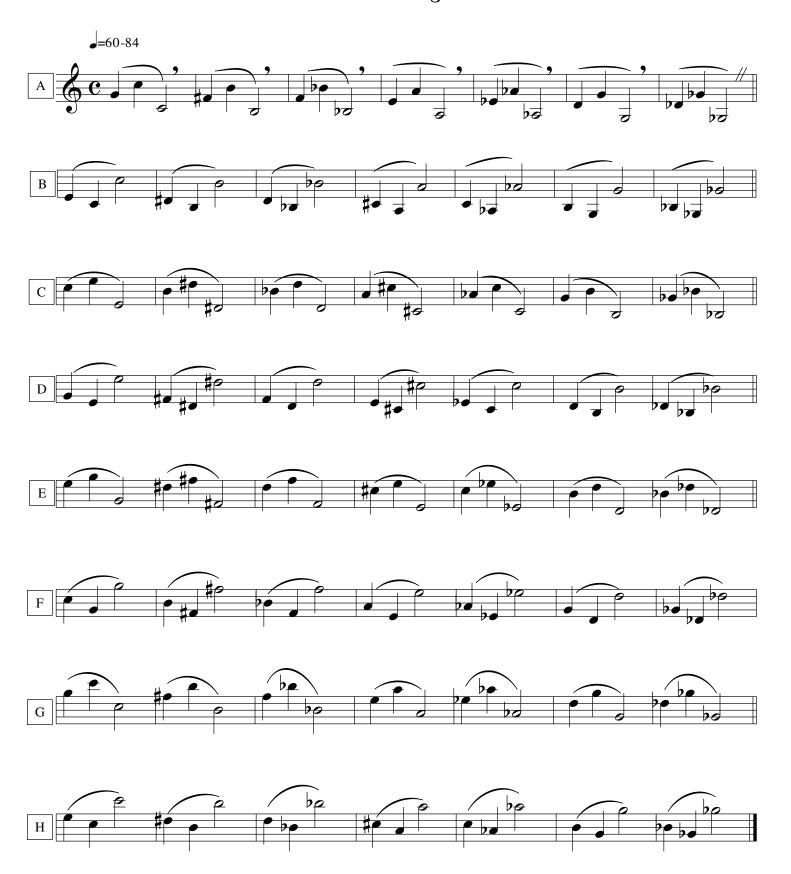


# **Schlossburg 13 Variations**

Each exercise to be played through all fingerings: 0, 2, 1, 12, 23, 13, 123, except D which is played 123, 13, 23, 12, 1, 2, 0.

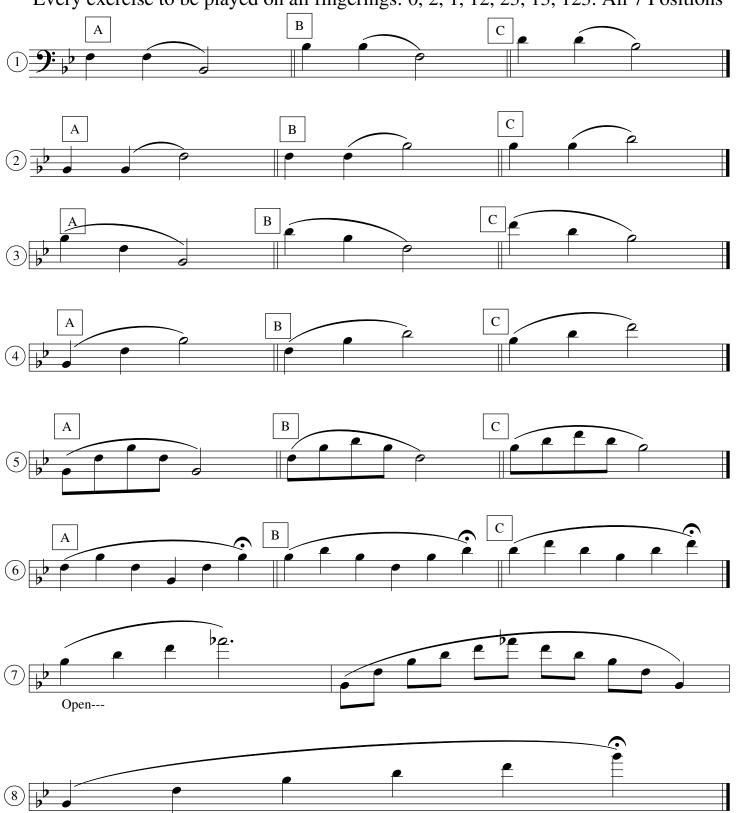


#### Schlossburg #31



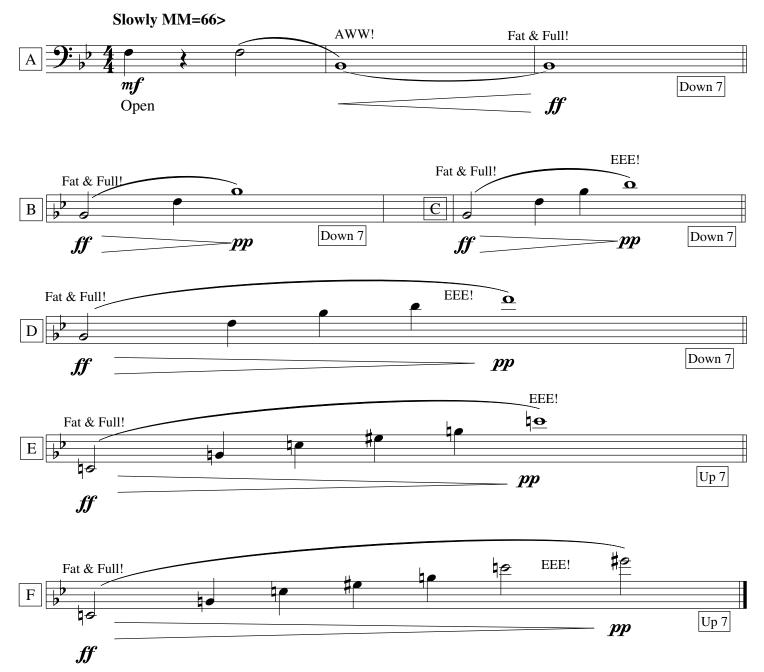
# Schlossburg Warm-Up

Every exercise to be played on all fingerings: 0, 2, 1, 12, 23, 13, 123. All 7 Positions



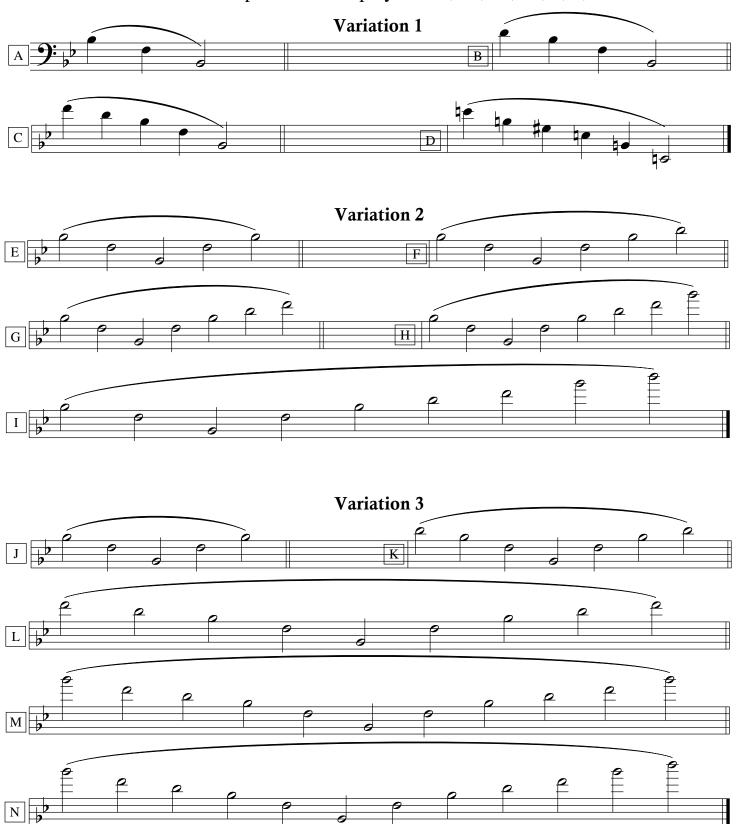
# Schlossburg #12 Variations

- 1. Exercise A is to develop your **Fat & Full** low note that will be the starting point for all the following exercises.
- 2. Don't confuse *volume* with *support*, although through the practice of the **Fat & Full** low notes we become aware of the **support** particularly from the abdominal region.
- 3. Practice exercise A until you can play the low notes FF without distortion or stuffiness. *See my Video 1 for Tongue Level & Air for a demonstration.*
- 4. Add Exercise B. Start with a **Fat & Full** low note and slur up slowly. Keep the **support ON** while getting softer.
  - I call this "reverse dynamics". We are trained to get louder as we go higher, but doing the opposite can be of great benefit, provided you maintain the **SUPPORT**.
- 5. Add one exercise each week as you feel comfortable. Rest between each exercise.
- 6. Pay attention to tongue arch- AWW for your Fat & Full low notes and EEE as you slur higher.
- 7. For exercises A-D continue DOWN through the fingerings: 0, 2, 1, 12, 23, 13, 123. (Down 7)
- 8. For exercises E-F continue UP through the fingerings: 123, 13, 23, 12, 1, 2, 0. (Up 7)
- 9. You may continue higher if desired.



### **Schlossburg 13 Variations**

Each exercise to be played through all fingerings: 0, 2, 1, 12, 23, 13, 123, except D which is played 123, 13, 23, 12, 1, 2, 0.



### Schlossburg #31

