

Schlossburg Warm-Up

Every exercise to be played on all fingerings: 0, 2, 1, 12, 23, 13, 123

Example: Play 1A on all fingerings. Rest four beats. Continue with 1B.

Breathe between each fingering on beat 4.

①

A B C

②

A B C

③

A B C

④

A B C

⑤

A B C

⑥

A B C

⑦

Open--- A B C

⑧

Schlossburg #12 Variations

Eric Bolvin

1. Exercise A is to develop your **Fat & Full** low note that will be the starting point for all the following exercises.
2. Don't confuse *volume* with **support**, although through the practice of the **Fat & Full** low notes we become aware of the **support** particularly from the abdominal region.
3. Practice exercise A until you can play the low notes FF without distortion or stuffiness. *See my Video 1 for Tongue Level & Air for a demonstration.*
4. Add Exercise B. Start with a **Fat & Full** low note and slur up slowly. Keep the **support ON** while getting softer.
I call this "*reverse dynamics*". We are trained to get louder as we go higher, but doing the opposite can be of great benefit, provided you maintain the **SUPPORT**.
5. Add one exercise each week as you feel comfortable. Rest between each exercise.
6. Pay attention to *tongue arch- AWW* for your **Fat & Full** low notes and **EEE** as you slur higher.
7. For exercises A-D continue DOWN through the fingerings: 0, 2, 1, 12, 23, 13, 123. (**Down 7**)
8. For exercises E-F continue UP through the fingerings: 123, 13, 23, 12, 1, 2, 0. (**Up 7**)
9. You may continue higher if desired.

Slowly MM=66>

A

mf Open

AWW!

Fat & Full!

Down 7

ff

B

Fat & Full!

ff

pp

Down 7

C

Fat & Full!

ff

pp

Down 7

Down 7

EEE!

D

Fat & Full!

ff

pp

Down 7

EEE!

E

Fat & Full!

ff

pp

Up 7

EEE!

F

Fat & Full!

ff

pp

Up 7

EEE!

Schlossburg 13 Variations

Each exercise to be played through all fingerings: 0, 2, 1, 12, 23, 13, 123,
except D which is played 123, 13, 23, 12, 1, 2, 0.

Variation 1

Musical notation for Variation 1, exercises A, B, C, and D. Exercise A shows a melodic line with a slur over two notes. Exercise B shows a similar line with a slur over three notes. Exercise C shows a line with a slur over four notes. Exercise D shows a chromatic descending line with a slur over all notes.

Variation 2

Musical notation for Variation 2, exercises E, F, G, H, and I. Exercises E, F, G, and H show melodic lines with slurs over increasing numbers of notes (4, 5, 6, and 7 respectively). Exercise I shows a single long slur covering the entire exercise.

Variation 3

Musical notation for Variation 3, exercises J, K, L, M, and N. Exercises J and K show melodic lines with slurs over 4 and 5 notes respectively. Exercises L, M, and N show single long slurs covering the entire exercise.

Schlossburg #31

♩=60-84

A

B

C

D

E

F

G

H

Schlossburg Warm-Up

Every exercise to be played on all fingerings: 0, 2, 1, 12, 23, 13, 123. All 7 Positions

①

A B C

②

A B C

③

A B C

④

A B C

⑤

A B C

⑥

A B C

⑦

Open---

⑧

Schlossburg #12 Variations

Eric Bolvin

1. Exercise A is to develop your **Fat & Full** low note that will be the starting point for all the following exercises.
2. Don't confuse *volume* with **support**, although through the practice of the **Fat & Full** low notes we become aware of the **support** particularly from the abdominal region.
3. Practice exercise A until you can play the low notes FF without distortion or stuffiness. *See my Video 1 for Tongue Level & Air for a demonstration.*
4. Add Exercise B. Start with a **Fat & Full** low note and slur up slowly. Keep the **support ON** while getting softer.
I call this "*reverse dynamics*". We are trained to get louder as we go higher, but doing the opposite can be of great benefit, provided you maintain the **SUPPORT**.
5. Add one exercise each week as you feel comfortable. Rest between each exercise.
6. Pay attention to *tongue arch- AWW* for your **Fat & Full** low notes and **EEE** as you slur higher.
7. For exercises A-D continue DOWN through the fingerings: 0, 2, 1, 12, 23, 13, 123. (**Down 7**)
8. For exercises E-F continue UP through the fingerings: 123, 13, 23, 12, 1, 2, 0. (**Up 7**)
9. You may continue higher if desired.

Slowly MM=66>

A

mf
Open

AWW!

Fat & Full!

ff

Down 7

B

Fat & Full!

ff

pp

Down 7

C

Fat & Full!

ff

pp

Down 7

D

Fat & Full!

ff

pp

Down 7

E

Fat & Full!

ff

pp

Up 7

F

Fat & Full!

ff

pp

Up 7

Schlossburg 13 Variations

Each exercise to be played through all fingerings: 0, 2, 1, 12, 23, 13, 123, except D which is played 123, 13, 23, 12, 1, 2, 0.

Variation 1

Exercise A: Bass clef, two measures. First measure: quarter note G2, quarter note A2, quarter note B2. Second measure: quarter note C3, quarter note D3, quarter note E3. A slur covers the first measure.

Exercise B: Bass clef, two measures. First measure: quarter note G2, quarter note A2, quarter note B2. Second measure: quarter note C3, quarter note D3, quarter note E3. A slur covers the first measure.

Exercise C: Bass clef, two measures. First measure: quarter note G2, quarter note A2, quarter note B2. Second measure: quarter note C3, quarter note D3, quarter note E3. A slur covers the first measure.

Exercise D: Bass clef, two measures. First measure: quarter note G2, quarter note A2, quarter note B2. Second measure: quarter note C3, quarter note D3, quarter note E3. A slur covers the first measure.

Variation 2

Exercise E: Bass clef, two measures. First measure: quarter note G2, quarter note A2, quarter note B2. Second measure: quarter note C3, quarter note D3, quarter note E3. A slur covers the first measure.

Exercise F: Bass clef, two measures. First measure: quarter note G2, quarter note A2, quarter note B2. Second measure: quarter note C3, quarter note D3, quarter note E3. A slur covers the first measure.

Exercise G: Bass clef, two measures. First measure: quarter note G2, quarter note A2, quarter note B2. Second measure: quarter note C3, quarter note D3, quarter note E3. A slur covers the first measure.

Exercise H: Bass clef, two measures. First measure: quarter note G2, quarter note A2, quarter note B2. Second measure: quarter note C3, quarter note D3, quarter note E3. A slur covers the first measure.

Exercise I: Bass clef, two measures. First measure: quarter note G2, quarter note A2, quarter note B2. Second measure: quarter note C3, quarter note D3, quarter note E3. A slur covers the first measure.

Variation 3

Exercise J: Bass clef, two measures. First measure: quarter note G2, quarter note A2, quarter note B2. Second measure: quarter note C3, quarter note D3, quarter note E3. A slur covers the first measure.

Exercise K: Bass clef, two measures. First measure: quarter note G2, quarter note A2, quarter note B2. Second measure: quarter note C3, quarter note D3, quarter note E3. A slur covers the first measure.

Exercise L: Bass clef, two measures. First measure: quarter note G2, quarter note A2, quarter note B2. Second measure: quarter note C3, quarter note D3, quarter note E3. A slur covers the first measure.

Exercise M: Bass clef, two measures. First measure: quarter note G2, quarter note A2, quarter note B2. Second measure: quarter note C3, quarter note D3, quarter note E3. A slur covers the first measure.

Exercise N: Bass clef, two measures. First measure: quarter note G2, quarter note A2, quarter note B2. Second measure: quarter note C3, quarter note D3, quarter note E3. A slur covers the first measure.

Schlossburg #31

♩=60-84

A

B

C

D

E

F

G

H