

Lesson 18

1. Long tones

Take a full relaxed breath- **Chest Up!!** *Watch the tongue!*

Beautiful, centered, clean sound.

Don't allow the sound to distort or become stuffy or blatty.

Clean, even slurs. Don't "telegraph" your slurs.

2a, 2b and 2c. Flexibility- Trills

Play slurred as written. Repeat as marked.

Always use harmonic fingerings.

Play slowly the first time to feel the movement of the tongue.

Speed up as you get the feel.

Watch The Tongue.

3. Range elevator in A

Big Breath!! Chest up!!

Rest and get the horn off your face between each arpeggio.

Go as high as you can without straining or forcing.

Make three attempts and stop.

Rest and repeat Part 3 *tongued*.

REST!!!

4. Intervals- Octaves

Practice vocalizing: *aw-ew-ee-ss* 4 times.

Review of octaves. Think *Taw* on the the low notes.

Start slowly. Make sure the low notes are *fat*.

Use a metronome and mark your tempos in the margin for future reference.

Rest and repeat slurred.

All flexibility and interval studies may also be played with models; Slur 2 up, Slur 2 down, Slur 4, and slur all.