

# MusicNet Lessons

## Trumpet Lesson 8

### How to practice Claude Gordon Systematic Approach

#### Part 1

- Haa-Too breathing 5x
- Always stand
- Chest up! Big Breath!
- Slow and even on the first 5 notes
- Breath after the first 5 notes
- Hold the last note until all the air is gone and longer!
- Rest between each key
- Always use lower octave fingerings on pedal tones
- Always sound the octave when starting on a pedal tone
- Approach pedal F from above-a lipped down low note
- Approach pedal C from below-allow it to be flat
- Establish the sound of pedal C first
- Once you have the sound, use air to slowly raise the pitch
- Continue with the D.S. to measure 2 and play 8vb
- Continue down to double pedal C or lower

#### Part 2

- Chest up! Big Breath!
- Always stand
- Breath as marked
- Hold the last note until you have command
- Always sound the octave when starting on a pedal tone
- Never breath before the last note or in this case, the last 3 notes
- Think EE as you ascend
- Rest as much as you play!
- Make three attempts and then quit
- Do **Part 3**- the lip relaxer
- Rest 1 hour before playing again