

# Lesson 1

## I. Long tones, intervals & key review

### p. 12 #9 Single tongue as written

*Rest between each key. Identify each key before playing.  
Always use slides to tune **D** & **C#**. Feel in slow cut time.*

## II. Slurs & intervals

### p. 39 #4,6,3,5 Tongue & slur each exercise

*Practice in order given. Exercises in thirds.*

## III. Major scales

### p.59 #1-3 key of C (Concert Bb)

*Observe dynamics and staccato. Play slowly at first.  
Use metronome and try to increase speed daily.  
Note your tempos in the margin for future reference.  
Try to play each exercise in one breath.*

## IV. Etudes

### p. 13 #11-14

*Great sight reading practice.  
Strive for perfection on first attempt.  
Always use slides to tune **D** & **C#**.*

## V. Syncopation

### p. 23 #1-3

*Always tap foot. Use metronome. Observe all accents and staccatos.*

## VI. Songs & duets

### p. 192 #5, p. 193 #9

### p. 246 #1-2

*Strive for musicality, even on these simple songs.  
Don't practice, **perform!***

*You may always select alternate musical selections instead of the Arban Songs & Duets.*